

Working together

Aged Residential Care and Hospice South

When you move into an Aged Residential Care (ARC) facility, the staff there will become your primary caregivers. Hospice South nurses work in partnership with ARC staff, providing on-going support, guidance, and specialist advice as needed.

Hospice South is responsible for:

- + Providing specialist palliative medical and nursing advice and support to ARC staff
- + Continuing to visit and support the patient and their whānau.

Aged Residential Care facility staff are responsible for:

- + Assisting with and managing day-to-day activities, nursing care, and ongoing support
- + Works alongside the patient's GP or NP who remains the primary medical carer.



Our vision and values

Everyone living in Southland and the Whakatipu Basin has access to the highest quality palliative care.

Grateful *mauruuru*

We embrace the privilege to make a difference every day thanks to our communities' support

Passionate *ngākau*

We are driven to grow our knowledge & expertise every day

Collaborative *mahi tahi*

Together everyone achieves more

Encouraging *te akiaki*

We inspire others to take action in support of our cause

Respectful *whakaute*

We appreciate & seek to understand other points of view to grow our understanding



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Moving into an Aged Residential Care Facility





When to move

Moving into an Aged Residential Care (ARC) facility can be a difficult and uncertain time. This brochure is designed to help you and your whānau understand how care is shared between ARC services and Hospice South.

For some patients, a move into ARC becomes necessary as care needs increase beyond what whānau or carers are able to provide at home. Hospice South will work closely with patients and their whānau to support decision-making and discharge planning when transitioning into ARC.

Please note that the Hospice Inpatient Unit is not a long-term care facility.

Decision-making

Who will support you in making this decision?

If you are a patient in the Hospice Inpatient Unit, decisions about your care are made together with you, your whānau, and the Hospice team. This may include support from a Hospice Social Worker or a Needs Assessor from Health New Zealand | Te Whatu Ora.

If, following these shared discussions, a decision is made to transfer to an ARC facility, Hospice staff will assist to coordinate and arrange your transfer.

Some patients move directly from home into ARC. In these situations, Hospice staff can also provide guidance and support throughout the process.

Factors to be considered when making this decision.

- + What support is available to the patient at home
- + The availability of short-term respite care at Hospice or within ARC
- + The need for longer-term care
- + The level of care required, such as residential or hospital-level care.

What if your condition changes?

Staff in ARC facilities are able to assess and manage changes in a patient's condition. They can access support from Hospice South staff, who are available by telephone 24 hours a day for advice and guidance.

A Hospice nurse will continue to visit and will stay in contact with whānau members, ARC staff, and the patient's GP to ensure a coordinated and consistent approach to care.

ARC nurses are trained and experienced in providing palliative and end-of-life care.

Whānau members and whānau are welcome to contact Hospice South at any time if they wish to discuss the patient's condition or aspects of palliative care.

