

*The Day Programme provides a safe and supportive environment tailored to the interests and abilities of the group.*

It also offers whānau members and caregivers valuable time for themselves, knowing their loved one is being well supported.

If you are interested in the Day Programme, please discuss this with your Community Nurse, who can make a referral on your behalf.



## Our vision and values

*Everyone living in Southland and the Whakatipu Basin has access to the highest quality palliative care.*

### **Grateful** *mauruuru*

We embrace the privilege to make a difference every day thanks to our communities' support

### **Passionate** *ngākau*

We are driven to grow our knowledge & expertise every day

### **Collaborative** *mahi tahi*

Together everyone achieves more

### **Encouraging** *te akiaki*

We inspire others to take action in support of our cause

### **Respectful** *whakaute*

We appreciate & seek to understand other points of view to grow our understanding



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## Day Programme





*A welcoming change of scenery with time to connect, enjoy entertainment, and take part in activities.*

Every Wednesday, laughter can be heard coming from Meeting Room 1 at hospice. This is the Day Programme — where participants enjoy time together, sharing fun, friendship, and a wonderful sense of camaraderie with new friends, volunteers, and staff.

Alongside entertainment, there is a variety of activities to enjoy, including crafts, quizzes, word challenges, and relaxed time to sit and chat with one another.

A two-course meal is shared at lunchtime, often accompanied by plenty of laughter and friendly banter around the table.

The Day Programme is open to all hospice patients living in the community with a terminal illness. Transport may be available if required.

## Types of entertainment and activities

+ **Mid-Winter Christmas** celebrations

+ **Matariki**  
Māori New Year

+ **Guest speakers**  
With past visitors including Olympic gold medallist Alena Saili, historian Lloyd Esler, and members of the New Zealand Fire Service

+ **Country and western-themed days**  
Featuring tabletop horse racing

+ **Woodworking sessions**  
Creating small wooden items with a skilled woodworker

+ **Herb Society workshops**  
Learning about herbs and planting terracotta pots to take home

+ **CanInspire bead-making** sessions

+ **Kapa Haka** group performances

+ **Mother of the Bride** party days

+ **Remembering our old school days**  
themed events

+ **Spring Fling**  
With floral bouquets to take home

+ **Beach party fun**  
Including a sandcastle competition and mocktails

